

HERRICKS PUBLIC SCHOOLS

The Mental Health Professionals in our schools are available to provide your child and family with supports and referrals as needed.

Elementary Staff:

Center Street School:

Dr. Agoglia - School Psychologist	jagoglia@herricks.org
Ms. Mirabile - School Social Worker	jmirabile@herricks.org

Denton Avenue School

Dr. Souravlis - School Psychologist	ssouravlis@herricks.org
Ms. Mirabile - School Social Worker	jmirabile@herricks.org

Searingtown School

Mrs. Andres - School Psychologist	mandres@herricks.org
Mrs. Wong - School Social Worker	kwong@herricks.org

Secondary Staff:

Middle School:

Mrs. Eichin - School Psychologist	jeichin@herricks.org
Mrs. Tamura - School Psychologist	itamura@herricks.org
Mrs. Juarbe - School Social Worker	cjuarbe@herricks.org
Mrs. Wong - School Social Worker	kwong@herricks.org
Mr. Conroy- School Counselor	dconroy@herricks.org
Mrs. Gallo- School Counselor	sgallo@herricks.org
Mrs. Pugliese- School Counselor	vpugliese@herricks.org

High School:

Dr. Shatz - School Psychologist	sshatz@herricks.org
Dr. Yoo - School Psychologist	myoo@herricks.org
Mrs. Cestari- HS Social Worker	ncestari@herricks.org
Mrs. Imondi - Transition Social Worker	himondi@herricks.org
Ms. Cofer - School Counselor	mcofer@herricks.org
Ms. Germann - School Counselor	igermann@herricks.org
Ms. Gigante - School Counselor	dgigante@herricks.org
Ms. Krucher - School Counselor	ckrucher@herricks.org
Mr. Lee - School Counselor	jlee@herricks.org
Ms. Miller - School Counselor	emiller@herricks.org
Ms. Molinet - School Counselor	emolilnet@herricks.org

Shelter Rock Academy: Dr. Brown- School Psychologist	abrown@herricks.org
Mrs. Imondi - Transition Social Worker	himondi@herricks.org

Resources for Families:

The Long Island Crisis Center

24/7 Crisis Hotline: 516-679-1111

<https://longislandcrisiscenter.org/>

North Shore Child and Family Services:

516-626-1971

<https://www.northshorechildguidance.org/>

Long Island Council on Alcoholism and Drug Dependence:

24 / 7 Crisis Hotline: 631-979-1700

<https://www.licadd.org/>

Nassau County Mobile Crisis Team:

24 / 7 Hotline: 516-227-8255

<https://www.nassaucountyny.gov/1700/Crisis-Hotline-Services>

Cohen Children's Medical Center Pediatric Behavioral Health Urgent Care:

718-470-3148

[Click on weblink here](#)

Northwell Pediatric Behavioral Urgent Care

718-470-3148

<https://childrenshospital.northwell.edu/departments-services/pediatric-emergency-medicine/programs-services/pediatric-behavioral-health-urgent-care-center>

The Safe Center of Long Island

24 / 7 Hotline: 516-542-0404

<http://www.tscli.org/>

National Association of School Psychologists

<https://www.nasponline.org/>

National Alliance on Mental Illness

<https://www.nami.org/Home>

Talking To Children About Coronavirus:

[CDC: 24/7 Saving Lives, Protecting People](#)

Guided Meditation and Mindfulness

<https://www.youtube.com/watch?v=ZToicYcHIOU>

Guided Meditation Stress Reduction:

<https://www.youtube.com/watch?v=i50ZAs7v9es&list=RDCMUC4jWo5kiyOCt4PnvF4jbaLg&index=6>

Mindfulness Websites:

<https://www.mindful.org>
<https://headspace.com/meditation/kids>
<https://headspace.com>
<https://mindyeti.com>

Parent to Parent

<http://parenttoparentnys.org/index.php/news/long-island-resources>

Social-Emotional Learning Activities

<https://www.herricks.org/Page/13584>

How to Talk with Your Child About Social and Emotional Issues

(<https://www.understood.org/en/learning-thinking-differences/understanding-childrens-challenges/talking-with-your-child/talking-to-your-child-about-social-and-emotional-issues>)

How Parents Can Foster Resilience in Kids | Child Mind Institute

<https://www.youtube.com/watch?v=VHmv9J3yNiw>

Anxiety Disorders & Co-occurring Disruptive Behaviors

https://www.youtube.com/watch?v=fGbCv_ofY2k

Parenting Anxious Children:

<https://www.oxfordclinicalpsych.com/view/10.1093/med:psych/9780195335804.001.0001/med-9780195335804-appendix-2>

Zones of Regulation Resources

https://www.zonesofregulation.com/uploads/3/4/1/7/34178767/zones_bingo.pdf

Zones Bingo boards with various emotions

https://www.zonesofregulation.com/uploads/3/4/1/7/34178767/reproducible_e_1_1.pdf

Nassau County Department of Social Services:

<https://www.nassaucountyny.gov/1895/Social-Services>